

How is IDD Therapy® treatment administered?

IDD Therapy® is administered through the Accu-SPINA™, a state-of-the-art computer directed spinal-rehab system. The Accu-SPINA™ System is certified to deliver therapeutic treatment forces in a comfortable and soothing manner.

Patient data is entered at the computer interface. Every aspect of treatment is monitored and displayed to the clinician, assuring total comfort and maximum efficacy.

Active tracking of applied forces, the ability to individualize treatment according to patient needs, and the ability to quantify patient response to the treatment regimen pre- and post-therapy sessions further improves therapeutic results.

Fully computer directed, the treatment regimen can be duplicated for a full rehabilitative course which will be executed in an exacting manner that cannot be achieved by conventional physical therapy approaches.

Premium sound system with headphones offers a choice of soothing sounds or music.



The Accu-SPINA™ uses multiple wave forms to manipulate spinal structures:

The primary waveform is directed to a specific dysfunctional spinal segment. This waveform is directed to the vertebra and used for mobilization. This waveform may also be used to mobilize a facet joint (posterior facet syndrome), strengthen the lumbar spine, relieve pressure on a nerve, decompress a disc, or promote the influx of oxygen, blood flow, and nutrients into the affected area.

This highly-sophisticated device works with absolute precision to target specific segments of the spine for more effective treatment.

Studies show blue light waves promote relaxation.

A certified back pain specialist manages each 30-minute treatment session. The treatment regimen, comprised of approximately 20-30 sessions, lasts about 30 days.

The secondary patent-pending waveform is oscillation. This waveform is determined to affect the proprioceptor firing response.

This may help prevent accommodation, guarding and muscle spasming, as well as enable a more effective treatment to occur.



The bed is designed with comfort and safety in mind. The bed rotates into the vertical position to easily accommodate patients, even when incapacitated from pain. (See above).



The patient is secured to the machine with both a stabilization chest and pelvic harness to ensure exact positioning and total comfort during treatment.

What Results Can I Expect?

1. Pain relief, even after just a few sessions
2. Shrinkage of disc herniation
3. Fewer incidents of back pain and debilitation
4. Return to active lifestyle
5. Increased mobilization
6. Quicker return to work